

Invitation to Join the FH-EARLY Expert Patient Panel (EPP)

**Are you living with familial hypercholesterolaemia (FH), or supporting someone who is?
Would you like to help shape the future of FH research, diagnosis and care across Europe?**

The [FH Europe Foundation](#) is inviting expressions of interest to join the Expert Patient Panel (EPP), as part of the Horizon Europe project [FH-EARLY](#), an international initiative aimed at improving early detection and management of FH.

What is the EPP?

The EPP is a standing advisory body composed of individuals living with FH and their family members. As a member, you will:

- Act as a co-creator and advisor throughout the FH-EARLY project (01.01.2025-31.12.2028)
- Help shape ethical, social, and practical aspects of research
- Help ensure that research outputs (e.g. biomarker assays, AI tools, diagnosis pathways) truly address patients' needs and priorities
- Provide lived-experience insights to guide study design, data interpretation and dissemination
- Be acknowledged as a valued contributor to the project's success

What's Involved?

We ask for a commitment from August 2025 to December 2028, including:

- Quarterly virtual meetings (1-2 hours)
- Annual in-person workshops (travel supported)
- Participation in focus groups, technology foresight exercises, and pilot testing
- Ongoing input on ethics, informed consent, and communication strategies
- Optional co-authoring of publications and reviewing project outputs

Who can apply?

No previous research experience is required, your lived experience and insights are what matter most. To take part, you should:

- Have personal or family experience of living with FH
- Be comfortable speaking and reading in English
- Be available to attend regular online meetings and one in-person workshop per year (travel costs covered)
- Be willing to share your experiences and perspectives constructively
- Have an open mindset and willingness to learn
- Possess the ability to advocate on behalf of your community
- Ideally (but not necessarily), have completed training such as the FHEF Ambassador Programme, EURORDIS Summer/Winter Schools, EUPATI, or similar patient engagement initiatives
- Please note: The first (mandatory) EPP meeting is scheduled for 21 August 2025, at 3pm (CET)

Interested?

To express your interest, please email anthousi@fheurope.org by **15 August 2025**, with a short message about yourself, your connection to FH, and why you'd like to join the EPP.

Let's work together to make FH research more inclusive, ethical, and impactful.



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